

12 ways to help my parents



#1 I keep my bedroom tidy.



#2 I keep all my toys in one place and put them back after I finish playing with them.



#3 I pick up rubbish and put it in the bin.

#4 I am careful, so I don't break things

because it costs money to repair and replace things.



#5

If I drop my food or spill my drink, I clean it up myself.



#6 I wash my own dishes.

#7 I don't bring dirt into the house,

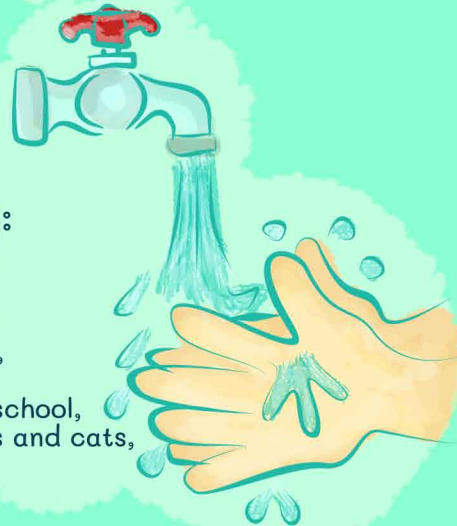
I dust off my feet and my clothes before I go inside the house.



#8 I don't walk around when the adults are mopping the floor, because it's slippery and I will make the floor dirty.



#9 I turn off the TV, air-con, fans and lights when I don't use them because it will save electricity.



#10 I turn the taps and shower off properly, because it is good to save water.



#11 I offer to help my parents.



#12 ...and the most important thing: I wash my hand for 20 seconds.

Before I eat, after I eat, after I go to the toilet, after I come back from school, after I play with my dogs and cats, after I play outside.

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